

## **Birdie Cookies**

1 cup cockatiel seed mix\*  
1 cup chopped veggies\*  
2 tbsp honey, molasses, peanut butter or baby food  
One box Jiffy Corn Muffin Mix

Mix together in a bowl with enough fruit juice until the batter is very thick (and will drop by teaspoonfuls). Stir in various other "goodies" as desired for variety (for example, cranberries, dried fruit, almonds, walnuts, Grape Nuts, Cheerios, Raisin Bran, pellets, etc.).

\* Note: 2 cups of a good quality seed mix like Hagen's Tropicana, Volkman's, etc. which contains dried fruit and vegetables can be used, if desired, for ease of preparation.

Place a piece of waxed paper (wax side up) in a glass baking dish, or on a paper plate. Use approximately one teaspoonful of batter per "cookie" or "biscuit." Microwave 30-40 seconds on high. Serve warm, or let cool completely and then freeze.